

A Guide to Getting Your Updated Flu and COVID-19 Vaccines in Dallas

CVEEP
Champions for
Vaccine Education,
Equity + Progress

Respiratory illness season is here. Staying up to date with the latest vaccines is the best way to help protect against the worst outcomes of many infectious respiratory diseases, including COVID-19 and flu.



Who needs flu and COVID-19 vaccines?

- **Flu:** The CDC recommends everyone ages 6 months and older receive a 2024–2025 flu vaccine every year in the fall. Some individuals may consider vaccination in July or August depending on circumstances.
- **COVID-19:** The CDC recommends everyone ages 6 months and older receive a 2024–2025 COVID-19 vaccine. CDC also recommends a second dose of the 2024–2025 COVID-19 vaccine for people who are 65 years and older and for those who are moderately or severely immunocompromised. The second dose should be given 6 months after the first dose.



Where can I get the latest COVID-19 and flu vaccines in Dallas?

- **Pharmacies:** Most major pharmacies offer many vaccines. Check with your pharmacy to see what vaccines are available and if an appointment is needed. [Vaccines.gov](https://www.vaccines.gov) features a pharmacy lookup tool to help you find a pharmacy near you.
- **Healthcare Provider's Office:** If you have a primary healthcare provider, you can schedule an appointment to discuss staying up to date with your COVID-19 and flu vaccines—and get vaccinated.
- **Dallas County Health and Human Services (DCHHS):** For uninsured and underinsured individuals, including adults enrolled in Adult Safety Net Program (ASNP) and children enrolled in Texas Vaccines for Children (TVFC) program, [DCHHS clinics](#) offer vaccinations.



Learn more

To schedule an appointment with DCHHS Immunization Clinic, call:

- **Adults:** (214) 819-2162
- **Children:** (214) 819-2163 or (214) 819-2176



Will I have to pay out-of-pocket to get vaccinated?

- **Have insurance?** COVID-19 and flu vaccines for children and adults are covered by nearly all insurance plans at no cost. Be sure to check that your vaccine provider takes your insurance.
- **No insurance or underinsured?**
Adults: DCHHS charges a \$25 administrative fee for a first time visit once a year, plus the cost of the needed vaccines:
 - COVID-19 vaccination fee: \$135.
 - Influenza vaccination fee: \$30
 - High dose influenza vaccination fee: \$80



Fees are subject to change. See more [here](#).

Children 18 years old or younger who are uninsured or otherwise unable to afford the cost of vaccines, including those who have Medicaid or qualify for CHIP benefits, can receive vaccines free of cost through the Vaccines for Children (VFC) program.

DCHHS charges a \$10 administrative fee for first time visit and \$5 for additional visits.



What should I bring to a vaccine appointment?

- **Identification** (such as a driver's license or other issued ID)
- **Insurance cards**

SOURCES:

<https://www.cdc.gov/flu/professionals/vaccination/vax-summary.htm>
<https://www.cdc.gov/vaccines/covid-19/clinical-considerations/interim-considerations-us.html>
<https://www.riteaid.com/covid-19/prepare>
<https://www.cdc.gov/vaccines-for-children/vfc-information-for-parents/?CDC>
<https://www.dallascounty.org/departments/dchhs/clinical-services/immunization-clinics.php>