# A Guide to Getting Your Updated Flu and COVID-19 Vaccines in New York City



Respiratory illness season is here. Staying up to date with the latest vaccines is the best way to help protect against the worst outcomes of many infectious respiratory diseases, including COVID-and flu.



### Who needs flu and COVID-19 vaccines?

- Flu: The CDC recommends everyone ages 6 months and older receive a 2024-2025 flu vaccine every year in the fall. Some individuals may consider vaccination in July or August depending on circumstances.
- **COVID-19:** The CDC recommends everyone ages 6 months and older receive a 2024–2025 COVID-19 vaccine. CDC also recommends a second dose of the 2024–2025 COVID-19 vaccine for people who are 65 years and older and for those who are moderately or severely immunocompromised. The second dose should be given 6 months after the first dose.



## Where can I get the latest COVID-19 and flu vaccines in New York City?

- Pharmacies: Most major pharmacies offer many vaccines.
  Check with your pharmacy to see what vaccines are available and if an appointment is needed. <u>Vaccines.gov</u> features a pharmacy lookup tool to help you find a pharmacy near you.
- Healthcare Provider's Office: If you have a primary healthcare provider, you can schedule an appointment to discuss staying up to date with your COVID-19 and flu vaccines—and get vaccinated.
- NYC Health Department (Flu only):

Those four years of age and older who are uninsured or underinsured can get a low- or no-cost flu vaccine, as well as other immunizations, at the New York City Health Department's Fort Greene Health Center Immunization Clinic. Individuals are required to make an appointment before visiting. If you need help making an appointment, call 347-396-7943.

Those nineteen years of age and older who are uninsured or underinsured can get a low- or no-cost flu vaccine, as well as other immunizations, at the Ryan Chelsea-Clinton Community Health Center or Beacon Christian Community Health Center. You do not need to make an appointment for these two clinics.

https://www.nyc.gov/site/doh/services/immunization-clinics.page



Learn more



#### Will I have to pay out-ofpocket to get vaccinated?

- Have insurance? COVID-19 and flu vaccines for children and adults are covered by nearly all insurance plans at no cost. Be sure to check that your vaccine provider takes your insurance.
- No insurance or underinsured?

At the Fort Greene Health Center Immunization Clinic, Ryan Chelsea-Clinton Community Health Center, and Beacon Christian Community Health

**Center**, the Health Department will ask for a sliding scale fee based on family size and annual income. Staff will not ask for proof of family size or income. Services will be provided regardless of ability to pay.

Children 18 years old or younger who are uninsured or otherwise unable to afford the cost of vaccines, including those who have Medicaid or qualify for CHIP benefits, can receive vaccines free of cost through the Vaccines for Children (VFC) program.



### What should I bring to a vaccine appointment?

- **Identification** (such as a driver's license or other issued ID)
- Insurance cards