

COVID-19 is a Year-Round Threat

CVEEP
Fighting Infectious
Respiratory Disease

Respiratory viruses like flu or RSV tend to spread more in the fall and winter when colder weather and indoor gatherings make transmission easier. **But COVID-19 works differently.**

Why Isn't There a COVID-19 Season?

COVID-19 doesn't follow a predictable pattern. While fall and winter surges are common, increases in cases have also happened in the spring and summer. COVID-19 isn't limited to one season—it can surge at any time, because:



Protection fades over time.

Immunity from vaccination or prior infection decreases over several months.



COVID-19 spreads easily.

The virus remains widely present and continues to evolve, making dual seasonality more likely.



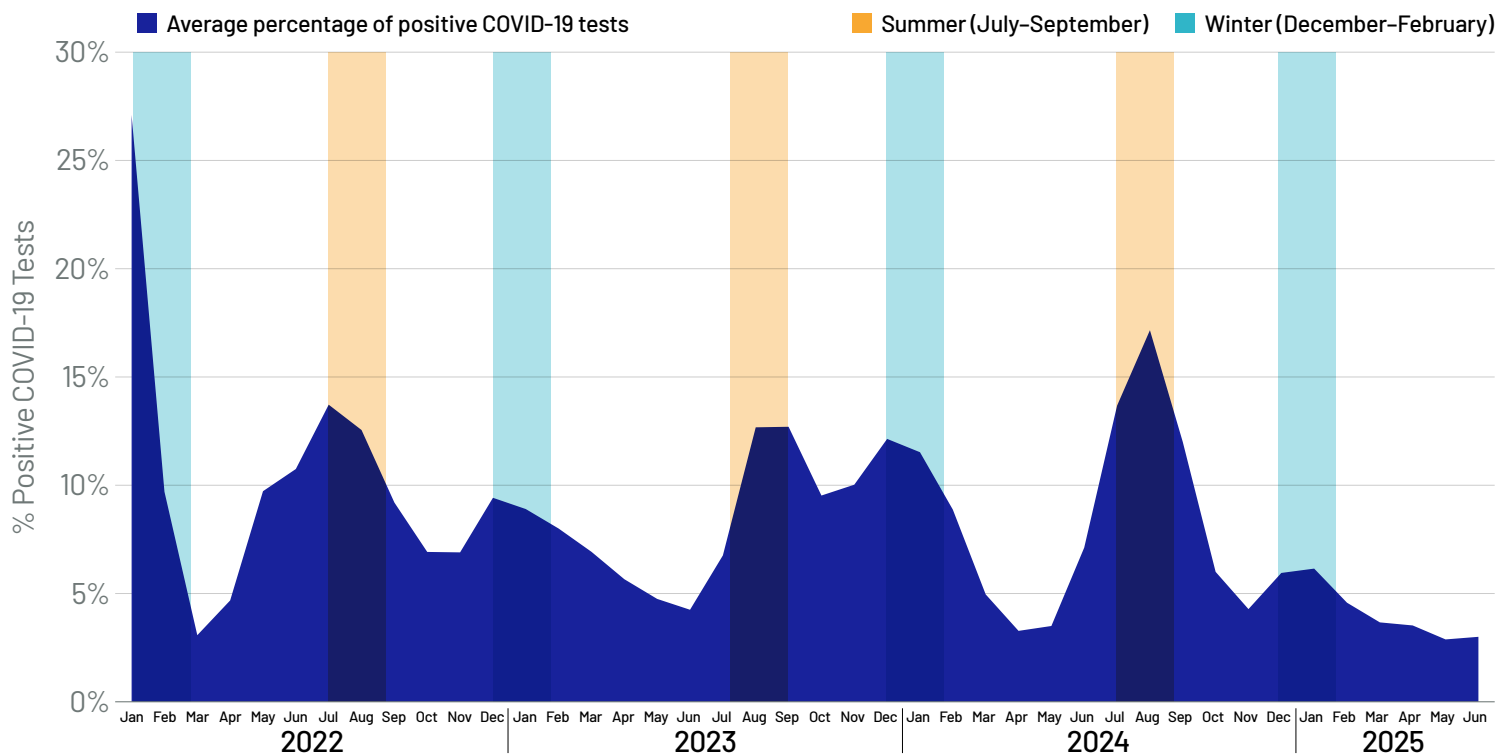
New variants drive new waves.

Changes in the virus can lead to unexpected increases in cases throughout the year.



Indoor environments matter in all seasons.

Spending more time indoors to avoid the heat in the summer—just like avoiding the cold in the winter—can reduce airflow and increase the risk of transmission.



Source: CDC COVID Data Tracker

How Can You Stay Protected from COVID-19 All Year?

Since protection fades over time, it is important to stay up to date on COVID-19 vaccinations. If you're 50+, you're at increased risk from severe COVID-19. Staying up to date with COVID-19 vaccines can help protect you from serious illness.¹

¹ <https://www.cdc.gov/ncird/whats-new/covid-19-can-surge-throughout-the-year.html>