

Infectious Respiratory Disease Immunization Timeline

ADULTS (AGES 18-49)

Immunization is the best protection against many infectious respiratory illnesses. Vaccines strengthen our immune defenses and reduce the severity and spread of disease. Learn more about recommended immunizations [here](#).

PERTUSSIS (WHOOPING COUGH)¹	Adults who have never been vaccinated against pertussis should receive a single dose of the Tdap vaccine. After receipt of the Tdap vaccine, adults should continue to receive the Td or Tdap vaccines for routine booster vaccination every 10 years.
PNEUMOCOCCAL DISEASE²	For healthy adults ages 19 years and older, pneumococcal vaccination is not necessary.
RESPIRATORY SYNCYTIAL VIRUS (RSV)³	RSV vaccination is not recommended for adults younger than age 50.
INFLUENZA (FLU)⁴	Everyone ages 6 months and older should get a flu vaccine every year, starting in the fall.
COVID-19⁵	FDA-approved 2025-2026 COVID-19 vaccines are recommended for adults 18 years and older based on individual-based decision-making, also known as shared clinical decision-making. Vaccination is most favorable for those at increased risk for severe COVID-19 disease.

