

ADULTS (AGE 50+)

Immunization is the best protection against many infectious illnesses. The Centers for Disease Control and Prevention (CDC) and other leading medical societies recommend the following immunizations for adults age 50+. Learn more about recommended immunizations for adults 50+ [here](#).

Shingles

Adults ages 50 and older should receive two doses of the shingles vaccine, usually 2 to 6 months apart.

Adults should get vaccinated even if they:

- Have had shingles before
- Received an older shingles vaccine in the past
- Received the chickenpox vaccine

Tetanus, Diphtheria, and Pertussis (Tdap/Td)

Adults who have never received the Tdap vaccine should receive a single dose of it. After receipt of the Tdap vaccine, adults should continue to receive the Td or Tdap vaccines for routine booster vaccination every 10 years.

Pneumococcal Disease

Pneumococcal vaccines are recommended for all adults ages 50 and older.

There are two types of pneumococcal vaccines – pneumococcal conjugate vaccines (PCVs) and pneumococcal polysaccharide vaccines (PPSVs). Depending on your age, health status, and vaccination history, you may be recommended to receive a particular type of pneumococcal vaccine, so talk with a healthcare provider to choose the right option for you.

Respiratory Syncytial Virus (RSV)

All adults ages 75 and older should receive a single dose of the RSV vaccine.

Adults ages 50–74 who are at increased risk of severe illness from RSV (such as those with chronic heart, liver, kidney and lung disease, diabetes, obesity, or those who are residents of long-term care facilities) should receive a single dose of the RSV vaccine.

Influenza (Flu)

Everyone ages 6 months and older should get a flu vaccine every year, starting in the fall.

Adults ages 65 years and older should receive a higher-dose flu vaccine or an adjuvanted flu vaccine (one with an additional ingredient called an adjuvant that helps create a stronger immune response), which are more effective for people in this age group.

If none of these preferentially recommended vaccines are available at the time of vaccination, any other age-appropriate flu vaccine should be administered instead, rather than delaying vaccination.

Additionally, an FDA-approved mRNA vaccine is available and recommended by leading medical societies for adults 50+.

COVID-19

2026–2027 COVID-19 vaccines are recommended for all adults. Vaccination is especially important for people at increased risk for severe COVID-19.

Different COVID-19 vaccines are available for different age groups, and the number of doses recommended may vary based on age, health, and vaccination history.

